Safety Talk AGENDA

TAKE IT IN/TAKE IT OUT- 'TITO'



As we enter the winter season & colder weather, the importance of cleaning up the Right-of-Way (ROW) is even more critical.

Material that is left unattended along the ROW is an accident waiting to happen. Slip/Trip/Fall incidents are often caused by material left where we must work to access tracks, signal equipment, and other facilities. Materials & debris strewn around the ROW can be hidden by high grass & weeds in summer & leaves & snow in fall/winter-making them booby-traps for all of us.

- 1) If you bring it in, take it out. Example: A work gang is changing plates. They bring in 25 new plates, 50 new clips, and 100 new lag screws to the work site. When the work is done, bring the old material out and dispose of it properly. Smaller material is particularly dangerous, as it can be carried by nearly anybody and placed on the tracks.
- 2) If you cannot take it out, leave it neatly in one area where it can be retrieved later. Example: A work gang is changing ties. They take the new ties from a bundle near a grade crossing where the boom truck left them for use. When they are done changing the ties, neatly stack the old ties where the new ones were located. The boom truck can easily access the old ties and remove them.

If you see something someone could slip on or trip over in the area you're working in, you can prevent a possible injury to one of your co-workers by removing it.

USE BACKUP ASSISTANCE WHEN BACKING!

Remember, if you are backing a LIRR vehicle and a co-worker is a passenger, you are required to ask your co-worker to get out of the vehicle & assist you with the backup manuever. This is especially important in tight spaces like parking lots. If you are alone & attempting to back your vehicle, make sure there is nothing behind you like bollards, barriers, gates or other vehicles or objects in your path.

If its difficult to see what's next to you or directly behind you from the drivers position, step out of the vehicle & see what is around (or behind) your vehicle before proceeding.

ENGINEERING SAFETY

Volume 6, Issue 49 Monday December 6, 2010 DECEMBER

TODAY'S SAFETY RULE

*Refer to 2010 Safety Calendar or Rule Book

SAFETY UPDATE SAFER

'Unsafe'Observations

During recent SAFER observations, employees in several Track & Signal gangs have been observed working on the ROW without eye protection.

REMEMBER, you are required to wear eye protection while on or working on the ROW. In addition to your own personal safety, consider that FRA inspectors can issue personal fines to LIRR employees for not complying with minimal PPE requirements on the ROW (vest, eye protection, & proper footwear).

YTD INJURIES = 65 YTD MVA's = 53 Nov 25-Dec 1

2 reported 1-EE poked himself on left foot with lining bar in Divide

3 South 3-13.
2-While digging pole hole
@G20, Hicksville metal station, EE felt pinch in shoulder
& elbow on right arm.

Dept #	Final		
20	010	2009	
Track	29	31	
Signal	14	16	
Power	6	11	
B&B	10	9	
Comm	6	7	
Infrastr	- O	1	

*Attached are 'TITO' before & after pics for discussion & posting in all locations.

Engineering Department

EMPLOYEE		ept	Gang	EMPLO	DYEE	Dep	t Ga	
		<u></u>						
oartment: B&B C	OMM	PO	WER	SIGNAL	TRACK	STRUCT	CTURES	
e								
cussion Leaders Sig	nature		Employee #					
oics discussed:								

*December's SAFER Rule Focus

Remember, all employees required to perform SAFER audits must use at least <u>one</u> of the following rules while performing their SAFER audits. Rules will be listed here and will change each month.

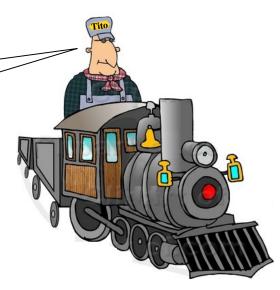
RWP19 Observe there are no obstructions or material on ROW blocking ability to clear. RWP20 Observe work stops after warning & tracks cleared 15 seconds before train arrives in work location. RWP21 Observe all workers clear a minimum of 4 feet from the field side of the rail. RWP22 Observe all workers not using personal electronic devices (except in emergency or authorized) while performing their duties on ROW. RWP23 Observe third rail mat or protection board properly in use when workers are working close to live rail.

^{*}Safety Talks will be randomly checked to ensure compliance discussing each week's meeting content. PLEASE BE SURE GANG NUMBERS ARE INCLUDED E-Mail Completed Sheet to Engineering_Labor_Documents@LIRR.org or Fax to:Scott Zalis, Safety Compliance-Engineering Dept Fax: (718)-558-3589

I'm TITO.

Take In,

Take Out!





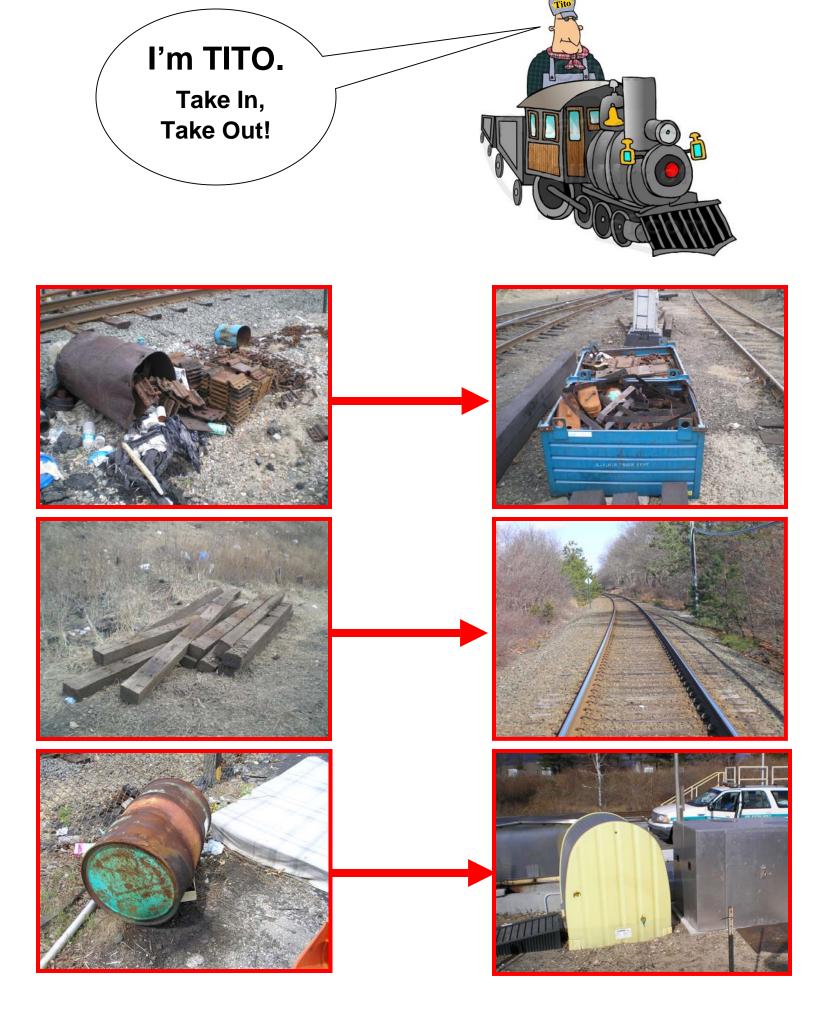












Here is a typical pile of scrap material left on the ROW, including ties and tie plates.



1st Ave. Montauk Branch

Here is a photo depicting the same area after cleanup



1st Ave. After proper removal of scrap

This is how it is supposed to look. If everyone pitches in, the entire railroad can and should look like this.