

# Safety Talk **AGENDA**

## TAKE IT IN/TAKE IT OUT- 'TITO'



As we enter the winter season & colder weather, the importance of cleaning up the Right-of-Way (ROW) is even more critical.

Material that is left unattended along the ROW is an accident waiting to happen. Slip/Trip/Fall incidents are often caused by material left where we must work to access tracks, signal equipment, and other facilities. Materials & debris strewn around the ROW can be hidden by high grass & weeds in summer & leaves & snow in fall/winter-making them booby-traps for all of us.

1) **If you bring it in, take it out.** Example: A work gang is changing plates. They bring in 25 new plates, 50 new clips, and 100 new lag screws to the work site. When the work is done, bring the old material out and dispose of it properly. Smaller material is particularly dangerous, as it can be carried by nearly anybody and placed on the tracks.

2) **If you cannot take it out, leave it neatly in one area where it can be retrieved later.** Example: A work gang is changing ties. They take the new ties from a bundle near a grade crossing where the boom truck left them for use. When they are done changing the ties, neatly stack the old ties where the new ones were located. The boom truck can easily access the old ties and remove them.

If you see something someone could slip on or trip over in the area you're working in, you can prevent a possible injury to one of your co-workers by removing it.

## USE BACKUP ASSISTANCE WHEN BACKING!

Remember, if you are backing a LIRR vehicle and a co-worker is a passenger, **you are required to ask your co-worker to get out of the vehicle & assist you with the backup maneuver.** This is especially important in tight spaces like parking lots. If you are alone & attempting to back your vehicle, make sure there is nothing behind you like bollards, barriers, gates or other vehicles or objects in your path.

If its difficult to see what's next to you or directly behind you from the drivers position, step out of the vehicle & see what is around (or behind) your vehicle before proceeding.

## ENGINEERING SAFETY

Volume 6, Issue 49 Monday  
December 6, 2010  
**DECEMBER**

### TODAY'S SAFETY RULE

\*Refer to 2010 Safety Calendar or Rule Book

### SAFETY UPDATE SAFER

#### 'Unsafe'Observations

During recent SAFER observations, employees in several Track & Signal gangs have been observed working on the ROW without eye protection.

**REMEMBER**, you are required to wear eye protection while on or working on the ROW. In addition to your own personal safety, consider that FRA inspectors can issue personal fines to LIRR employees for not complying with minimal PPE requirements on the ROW (vest, eye protection, & proper footwear).

YTD INJURIES = 65  
YTD MVA's = 53

Nov 25-Dec 1  
2 reported

1-EE poked himself on left foot with lining bar in Divide 3 South 3-13.

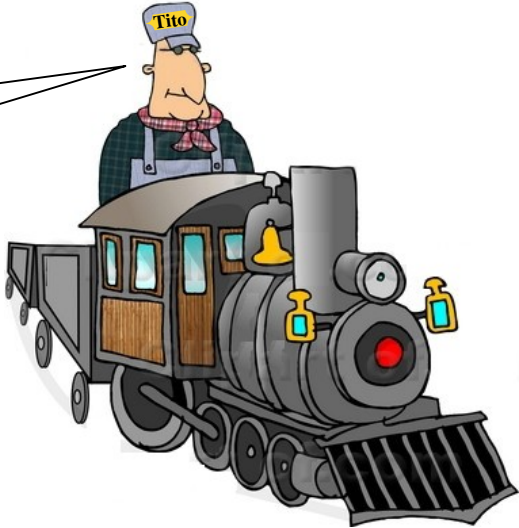
2-While digging pole hole @G20, Hicksville metal station, EE felt pinch in shoulder & elbow on right arm.

Dept	#Injuries 2010	Final 2009
Track	29	31
Signal	14	16
Power	6	11
B&B	10	9
Comm	6	7
Infrastr	0	1

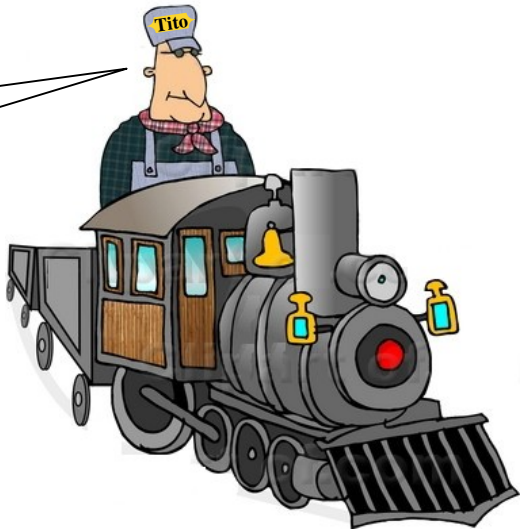
\*Attached are 'TITO' before & after pics for discussion & posting in all locations.



**I'm TITO.  
Take In,  
Take Out!**



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Here is a typical pile of scrap material left on the ROW, including ties and tie plates.



1<sup>st</sup> Ave. Montauk Branch

Here is a photo depicting the same area after cleanup



1<sup>st</sup> Ave. After proper removal of scrap

This is how it is supposed to look. If everyone pitches in, the entire railroad can and should look like this.