



CORPORATE SAFETY NOTICE

DATE: April 1, 2021

TO: DISTRIBUTION

FROM: Paul Manske, Deputy Chief Safety Officer – OES

A handwritten signature in black ink, appearing to read 'Paul L. Manske', written over the 'OES' part of the 'FROM:' line.

SUBJECT: Tick Season is has Arrived!

Our weather is warming up with the coming of Spring, but there is a downside. Warmer temperatures mean the emergence of ticks. All LIRR employees are advised to take steps to protect themselves at work, home and play.

Ticks wait on low vegetation for an unsuspecting host to brush by, and then they crawl seeking a patch of skin on which to latch and feed. Once attached to the host with their mouthparts, they can be difficult to remove. Though not always, these insects can be carriers of many illnesses including: Lyme Disease, Rocky Mounted Spotted Fever, and Tularemia. Avoid travelling through areas of high weeds and brush. If these areas cannot be avoided, take steps to protect yourself including:

- Wear light colored clothing to better see ticks
- Tuck shirts into pants, and pant cuffs into socks
- Use an insect repellent
- Have a post-work tick check to remove any ticks before they can embed






The attached Harmful Insect Safety Catalogue is provided to help you avoid ticks and the illnesses they may carry. Items on the supply list can be obtained from the Stores Department.

The LIRR's Weed Spray Program managed by the Engineering Department's ROW Group, includes an insecticide that targets ticks to help keep our workforce safe and healthy. Managers that have upcoming work scheduled to occur outdoors in brushy, overgrown areas should have the worksite treated a day ahead of work to reduce the tick threat. Cutting down brush and weeds also eliminates areas where ticks can hide.

The LIRR's Tick Precautions Webpage: <http://www.lirr.org/CorporateSafety/OccupationalSafety/TICKS/Index.html>
This website includes useful information such as Toolbox Talks, Signage, Supply Lists and other resources. Any questions regarding ticks and the measures to combat them can be addressed to Corporate Safety at (347)494-6027.

Please print and post this Safety Notice in common employee areas, for the benefit of co-workers without computer and email access.

HARMFUL INSECT SAFETY SUPPLY LIST

| Description | Stock Number | | Image |
|---|--------------------------|---------|--|
| Insect Repellent, 20% Picaridin | 3.0 oz Spray Bottle | 3190047 |  <p style="text-align: center; color: blue;">3185147 4.0 oz Pump Spray Bottle</p> |
| | 4.0 oz Pump Spray Bottle | 3185147 | |
| Insect Repellent for Clothing <i>only</i> (<u>not</u> for use on skin) 24.0 oz Trigger Spray Bottle Effective through 6 Washes | 3189447 | |  <p style="text-align: center; color: blue;">2189447</p> |
| Insect Repellent for Clothing <i>only</i> (<u>not</u> for use on skin) 12.0 oz Pump Spray Bottle | 3189847 | |  <p style="text-align: center; color: blue;">3189847</p> |
| First Aid Kit Splinter and Tick Removal | 3191147 | |  <p style="text-align: center; color: blue;">3191147</p> |
| Jungle Formula Spray Insecticide | 3217247 | |  <p style="text-align: center; color: blue;">3217247</p> |

HARMFUL INSECT SAFETY SUPPLY LIST

| Description | Stock Number | Image |
|---|--------------|---|
| Wasp Stopper Insecticide Spray | 2425047 |  |
| 10' to 12' Long Stream Wasp Insecticide | 4071247 |  |
| Lint Roller (12 Pack) | 3410136 |  |
| Sting Kill PK Swabs | 2505247 |  |
| Poison Ivy & Poison Oak Barrier Wipes (50 wipes per pack) | 4415247 |  |